The Personality of Hate

“For many years, love and hate were viewed as divinely inspired.”

Example: Love and hate divinely inspired. (479)

“Hate was often seen as the result of possession by the devil.”

Example: Hate as possession by the devil.

Question: What was Charles Darwin’s influence on centuries-old stories of angels and devils?
Biological Explanations of Hate

"Several personality perspectives see aggression, and its internal manifestation in hatred, as a natural, biologically based aspect of humanity."

Ethological Explanations

“Ethologists study animal behavior in natural environments and draw inferences about the function of the behavior for survival. The ethologists Konrad Lorenz and Eibl-Eibesfeldt characterized aggression as the product of an adaptive evolutionary process.”

Illustrations: Ethological explanations of aggression. (481)

“… ethological theories … state that natural aggressive tendencies may be distorted and sometimes expressed inappropriately.”

Example: Distorted and inappropriate aggressive tendencies. (482)

Question: How do ethologists explain Adolf Hitler’s implementation of a policy culminating in the death of millions of people?

Question: What are the problems with the ethological explanation of aggression?
**Ethological Explanations**
(Continued)

“… ethological solutions to aggression have often proved ineffective.”

Example: Ethological solutions to aggression. (482)

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**Brain Disorders**

“Another biological explanation for individuals with particularly aggressive, hateful personalities involves structural and drug-induced brain disorders.”

Examples: Hateful personalities and structural/drug-induced brain disorders.

Complete the following:

"Studies using brain positron emission tomography (PET) scans hint that people with a low density of dopamine receptors (D2 receptors) in the basal ganglia area of the brain are more likely to have a …

“Dopamine, a key neurotransmitter (chemical messenger), is known to be related to …
Psychoanalytic Approaches to Hate

**Question:** What was Sigmund Freud’s concept of *thanatos*?

“One (psychological) mechanism involves projecting the unacceptable death impulse into the hated objects(s)—that is, attributing the hatred to others.”

Examples: Thanatos and projection.

Complete the following:

“Thus, Freudian theory can lead to the prediction that a dictator’s scapegoating of out-group members (blaming them for all the ills of his society) results from his …

“In fact, a study that examined the defense mechanisms of violent individuals found that they were more likely to use …

“In modern psychiatric terminology, many of these hateful people, including many serial killers, would be diagnosed as having an …

“They violate rules even as children; for example, a thirteen-year old boy who pulls …
Neo-Analytic Views of Hate

“Neo-analytic theorists go beyond Freud’s description of an innate death instinct when explaining aggression.”

Question: What was Carl Jung’s explanation of hate? (484)

Question: How would Carl Jung’s explain Adolf Hitler’s behavior?

Question: What was Alfred Adler and Karen Horney's explanation of hate? (485)

Question: How would Karen Horney explain Joseph Stalin’s behavior? (486)

Complete the following:

“Erik Erikson, in his theory that people are presented with conflicts to overcome during each stage of life, viewed individual aggression as emerging during the social interactions of early childhood.”
Complete the following:

“According to Erikson, three unsuccessfully resolved psychosocial stages may result in an individual who is angry, hostile, and hateful:

(1) The child who does not develop an adequate … (486)

(2) the child who is treated in as hostile manner when pursuing autonomy may become … (486-487)

(3) finally, if the child’s initiative is punished and thwarted rather than … (487)

“This individual, whose parents are so woefully lacking during these three important stages of psychosocial development, may become a …

“In sum, the neo-analytic perspective spans both …

“Neo-analysts see hate as arising from …

“Although powerful instincts exist, aggression is not inevitable but rather is the result of poor …
Complete the following:

“(Erich) Fromm emphasized the cultural milieu as well as the individual’s personal history as sources of …

“Fromm theorized that individuals feel more and more alone and isolated as civilization advances and as people attain more and more …

“In order to counteract these feelings of loneliness and alienation, he theorized, some people renounce their …

“However, Fromm, a psychoanalyst, additionally emphasized the importance of early relationships. He accepted psychic mechanisms within the individual similar to the neurotic trends defined by (Karen) Horney.”

“People with an authoritarian personality type often have a …

“That is, the authoritarian person actually wants to …

“This personality characteristic, according to Fromm, is generated by a …

“Thus Fromm straddles the line between biological and …

“He accepts that we have a biological heritage that yields the capacity for violence, and he accepts that improper channeling of drives during childhood can create …
The Humanistic Perspective on Hate

Question: What is meant by the following statement?

“Humanistic psychologists take a viewpoint nearly opposite to the biological approaches to hatred.”

Complete the following:

“In contrast to the psychoanalysts and neo-analysts, humanistic psychologists focus more on the …

“They look at what can go right rather than what can …

“The humanistic psychologist Carl Rogers believed that negative emotion stems from a …

“Rogers emphasized the individual’s need for …

“Parents who place conditions on their positive regard for their child (such as a mother who coldly withdraws her love each time her child misbehaves) will likely have an …

“Such children grow up afraid to …

“… they are threatened by experiences that challenge their …
**The Humanistic Perspective on Hate**

(Continued)

“As the amount of discrepancy (incongruence) between one’s perceptions of oneself and one’s real experiences increases, the greater is the tendency to distort …

Example: Incongruence.

Complete the following:

“Abraham Maslow also pointed out that our fears and doubts about ourselves are at the root of …

“He focused on …

“Like Rogers, Maslow insisted that evil and hatred are not a basic part of people’s personalities but instead result from experiencing a …

“In a world without child abuse, poverty, divorce, and discrimination, the incidence of children growing into hating adults presumably would …

“Yet Maslow, unlike Rogers, did not urge …

“Rather, he argued that children (and adults) need …

“Further, Maslow, reflecting on Hitler’s atrocities, did not share Rogers’s view that every person could be …
Hatred as a Trait

“For trait theorists, traits like aggression are part of the dynamic organization of personality, parts of personality that incline an individual to behave in certain ways.”

**Question:** How did Raymond B. Cattell use trait theory to understand hate? (489)

**Question:** How did Hans Eysenck use trait theory to understand hate?

**Question:** How did Seymour Feshbach use trait theory to understand hate? (489-490)

**Question:** Would it be helpful to try to understand a trait like vengefulness? (490)

Cognitive Approaches to Hate

**Question:** How does cognitive theory attempt to understand hate?

**Question:** How did George Kelly use cognitive theory to understand hate?
Complete the following:

"… distortions of the meaning of social interactions begin at an … (490)

“(K. A.) Dodge and his colleagues have found that preadolescent and young adolescent boys who are aggressive are more likely to misperceive hostility in a variety of aspects of their …

“Therefore, according to these cognitive models, extreme hostility and hatred result from the individual’s misconstrual of situations, frequently attributing intentions to events and people that are actually … (491)

**Learning Theory: Hate as Learned Behavior**

**Question:** How did B. F. Skinner use learning theory to understand hate?

Complete the following:

“Classic learning theory says that hateful emotions are …

“… whereas operant learning theory emphasizes the role of …

“Social learning theory incorporated the point that the hateful behavior of others is …
Complete the following:

“It is certainly true that if hateful behavior (toward a group) is reinforcing, either because it attracts attention to an otherwise ignored individual, or because it evokes the adulation of others, or because it brings material possession (loot), then the person will continue to behave in a …

“When (John) Dollard and (Neal) Miller further expanded the conditioned response paradigm, they demonstrated that defense mechanisms such as projection, and one’s thoughts (including angry and hostile ones), can be …

“Some of these may become secondary drives that …

“Hatred can thus be learned and become a drive that impels one to behave in an …

“Children who live in homes filled with hate (fighting parents) often grow up to be …

“Further, a person who was abused as a child is more likely to become an …
Cultural Differences in Hatred

Question: What have anthropologists said about societal differences in the average level of hostility in a society?

Question: What might account for United States North/South differential levels of hostility?

Evaluation: Hate

Complete the following:

“In sum, there is usually no simple explanation of hatred and aggression.”

“Occasionally, a brain tumor or other severe provocation is the simple explanation for hate, but those cases …”

“Rather, hate and aggression often seem to arise from a …”

“Most basically, there does seem to be an …”

“Many animals defend their offspring, their territories, and their mates through …”
Evaluation: Hate

(Continued)

Complete the following:

“And specific parts of the brain are …” (494)

“The evidence supports the idea that we have a capacity but …

“Several perspectives agree that hate and aggression are especially likely if one faces an …

“These orientations take the emphasis away from biology and place it in the identities and patterns that are set in motion through …” (494-495)

“Children who are treated with abuse and contempt by their parents or their society are likely to become …” (495)

“Further, the ways we learn to interpret events, and the rewards we see and receive, can have dramatic effects on our …

“Even whole societies differ markedly in the amount of …

“The specific situation also matters, as certain people in certain situations are more likely to …

Question: What have been some of the simple “cures” that have proposed to contend with hate and aggression?
**Evaluation: Hate**

(Continued)

**Question:** How might tendencies toward hatred and aggression be minimized?  

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**The Personality of Love**

**Evolutionary/Ethological Explanations of Love**

Complete the following:

“Evolutionary psychology explains that love through the millennia developed because of its adaptive consequences. Attraction to members of the opposite sex is obviously necessary if we are to reproduce.”

“In addition, for our genes to produce offspring that will themselves grow to reproduce, two basic elements must immediately come into play:

(1) characteristics that a healthy offspring is …

(2) characteristics that ensure that the helpless child will …

“(The evolutionary psychologist David) Buss hypothesizes that there are different characteristics for which males and females look when selecting a mate because of their different …

“The male, according to this argument, is attracted to females who have physical characteristics indicating their suitability to …

“Thus, the male should be attracted to females who are …
Complete the following:

“Females are also somewhat attracted to males based on their physical attractiveness because of the ability of physical attractiveness to indicate potential … (496)

“Females, however, must invest nine months during gestation, and a long period of time during the child’s helpless infancy and childhood, taking care of the child.”

“Since the female’s energies are concentrated on child care, she requires a male who can …

“Thus, females prefer men who are able to …

“According to (David) Buss, this means that females are attracted to men who have …

“(David) Buss has supported his theoretical perspective on several empirical studies.”

Example: Ethological explanations of mate selection preferences. (497)

Question: Are mate selection preferences due to gender role expectations?
Evolutionary/Ethological Explanations of Love

(Continued)

Complete the following:

“One of the problems with confirming these ideas is that we do not know for sure what specific evolutionary … (497)

“Furthermore, most of us know that men are attracted to …

Question: What is meant by the following statement?

“… evolutionary ‘prediction’ (is) not a difficult or intriguing one to make or confirm.”

Psychoanalytic Explanations for Love

Question: What was the psychoanalytic (Freudian) explanation for love?

Question: What are the object relations theorists (i.e., Melanie Klein) explanation of love?
Neo-analytic Explanations for Love

Question: What was the Erik Erikson’s explanation for love?

“A modern approach by psychologist Phillip Shaver … uses models of attachment learned during childhood to account for differences in the quality of adult relationships. The idea is that the nature of one’s childhood attachment relationship is reflected to some extent in later romantic relationships.”

Complete the following:

“There are three romantic attachment styles, according to Shaver and colleagues:

(1) **secure lovers**, who …

(2) **avoidant lovers**, who feel …

(3) **anxious-ambivalent lovers**, who want to …

“Individuals' adult attachment style was found to be predicted by the quality of their relationships with their …
Cognitive Approaches to Love

Question: What is the cognitive approach to love?

Question: What is meant by the following statement?

“… love has eluded any simple classification scheme.”

Humanistic/Existential Perspectives on Love

Question: Who can have the truest love according to the humanistic existential personality psychologists?

Maslow’s View on the Need for Love

Question: What was the Abraham Maslow explanation for love?

Erich Fromm’s Theory of Love

Question: What was Erich Fromm’s explanation for love?
Complete the following:

“For (Erich) Fromm, motherly love is completely … (501)

“From this love the child acquires a sense of …

“Brotherly love involves …

“This kind of love reunites the isolated individual …

“Erotic love is, however, directed toward a single individual; erotic love is …

"Real mature love, according to Fromm, is much more than pure sex, and it incorporates elements of …

“One must be able to love oneself and one must have the sense of devotion that accompanies …

“Interestingly, in contrast to Freud, Fromm believed that immediate sexual satisfaction did not facilitate love but rather that sexual satisfaction would …

“This is the idea that the best sex comes in the most …
Erich Fromm’s Theory of Love
(Continued)

Question: What is the cause of neurotic love insofar as Erich Fromm’s
is concerned?

Rollo May: Types of Love

Question: What is Rollo May’s explanation for love?

“In particular, Rollo May described various types of love. These are sex
(lust, tension release);”

Question: What is Rollo May’s description of eros?

Question: What is Rollo May’s description of philia?

Question: What is Rollo May’s description of agape?

Question: What is Rollo May’s description of authentic love?

Question: What, according to Rollo May, does modern society
do to love?
**Rollo May: Types of Love**  
(Continued)

Question: What did Rollo May say about the “free love” of the sexual revolution?  

**Love and Will**

Question: How did Rollo May link together the notions of love and will?

**Cultural Differences in Love**

Question: How do cultural difference influence love?

**Loneliness: The Trait Aspect and the Interactionist Aspect**

Example: Loneliness.
Loneliness: The Trait Aspect and the Interactionist Aspect (Continued)

"A significant number of people have difficulty finding love and forging meaningful relationships."

"The study of loneliness has provided an informative picture of the typical personality of the lonely individual."

Illustrations: Studies of loneliness.

Love Gone Wrong: Violent or Risky Sexual Behavior

Question: What personality traits may encourage one to participate in risky sexual practices?
**Love Gone Wrong: Violent or Risky Sexual Behavior**  
(Continued)

<table>
<thead>
<tr>
<th>Question</th>
<th>Evidence: Risky sexual Behavior.</th>
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<tr>
<td><strong>Question:</strong> How might psychoticism, as defined by Hans Eysenck, be related to sexual risk?</td>
<td>(505)</td>
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</tbody>
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| Question | **Question:** How is it that sex, which we most often identify with love (or at the very least, with caring), becomes a venue of anger, force, and violence? | (505) |

| Question | **Question:** What is the ‘rape myth?’ |

| Question | **Question:** How did Sigmund Freud interpret the behavior of men who seem to believe in the ‘rape myth?’ |

| (504-505) | (504-505) | (505) | (505) | (505) |
**Love Gone Wrong: Violent or Risky Sexual Behavior**

(Continued)

**Question:** How do the cognitive psychologists interpret the behavior of men who seem to believe in the “rape myth?”

**Question:** How do the psychological trait theorists interpret the behavior of men who seem to believe in the ‘rape myth?’

**Question:** How do the humanistic theorists interpret the behavior of men who seem to believe in the ‘rape myth?’

Complete the following:

“In sum, most perspectives on love agree that it has a biological basis, presumably one that is related to the benefits for reproductive success of being sexually …

“This explanation, however, is a long way from saying that love is predominantly …

“… the precise influences of biology on love are …

“In American society, the romantic ideal tells us that we should marry someone with whom we …

“Many of the wisest personality psychologists have emphasized that true love, long lasting love, thrives best when it is part of an …
Summary and Conclusion

Complete the following:

“Ethological approaches characterize aggression as the product of … (506)

“That is, hatred is innate because aggression was …

“These natural aggressive tendencies may be …

“All people have a capacity for hatred but the capacity is usually not …

“For Freud, aggression is ultimately traced to …

“It may be displaced onto others, projected onto others, or …

“But for the neo-analysts, hatred arises from the …

“In a world of stable parenting and emotional health, aggression would be …

“For trait theorists, aggressive of domineering patterns become …

“In the humanistic/existential view, aggression results from the thwarting of the …
**Summary and Conclusion**
(Continued)

Complete the following:

“Also, nonbiological are the learning approaches, which examine the …” (507)

“In the cognitive approach, hateful people are often characterized by …

“This leads them to dismiss whole groups of people as …

“Violent criminals are more likely to perceive events as …

“… psychopaths have deficits in the processing of …

“These views imply that aggression can be lessened as people are taught to take a more …

“Given the dramatic cultural differences in aggression, nonbiological influences must play an …

“Is love, not hate, the most potent …

“Evolutionary psychologists propose that there are different characteristics for which males and females look when selecting a mate because of their different biological …
Summary and Conclusion (Continued)

Complete the following:

“The male is attracted to females who have physical characteristics indicating their suitability to …

“But because the female’s energies are concentrated on child care, she requires a male who can and will provide her with the …

“Love derived from its …

“For Freud, what we do for love is really a fulfillment of the sexual drives of the …

“Freud’s successors, such as the object relations theorists, emphasize the importance of the first …

“But according to Erikson and other ego psychologists, only those who have found their identity will be able to experience true …

“Those whose ego identity is not complete will either remain isolated or will engage in …
Summary and Conclusion
(Continued)

Complete the following:

“The humanistic personality psychologists devote considerable energy to explaining love, and they disdain the …

“In mature love, each partner is …

“Mature lovers feel a sense of responsibility toward each other, but love is …

“For Maslow, ‘being’ lovers (but not ‘deficiency’ lovers) help their partners toward …

“The existentialists like Rollo May emphasize the importance of …

“Customs and feelings about love and marriage vary significantly across time and culture, warning us against simple acceptance of or our own common views about …

“Loneliness, sexual promiscuity, and sexual violence are complex issues at the intersection of love and hate, and they are fruitfully viewed from multiple perspectives to be …

END